

Spiritual/Religious Abuse

1. The Subtle Power of Spiritual Abuse | David Johnson, Jeff VanVonderen
2. Redeeming Power: Understanding Authority and Abuse in the Church | Diane Langberg
3. Combating Cult Mind Control: The #1 Best-selling Guide to Protection, Rescue, and Recovery from Destructive Cults | Steven Hassan
4. Why I Still Believe | Mary Jo Sharp
5. YouTube Channel: Teasi Cannon
6. Website: <https://www.dianelangberg.com/>
7. Website: <https://www.netgrace.org/>
8. Website: <https://www.plantoprotect.com/home>

Cults and World Religions

1. Kingdom of the Cults | Walter Martin
2. Neighboring Faiths | Winfried Corduan
3. The Popular Handbook of World Religions | Daniel J McCoy
4. Watchman Fellowship Profile Notebook (Available at WatchmanFellowship.org)
5. Podcast: Cultish with Jeremiah Roberts and Andrew Soncrant
6. YouTube Channel: Anna Kitko
7. Website: <https://william-branham.org/>

Trauma

1. The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma | Bessel van der Kolk, MD
2. Suffering and the Heart of God: How Trauma Destroys and Christ Restores | Diane Langberg

Bible

1. The Baker Illustrated Bible Commentary | Edited by Gary M. Burge & Andrew E. Hill
2. The Old Testament | Richard S. Hess
3. An Introduction To The New Testament | David A. DeSilva
4. How to Read the Bible for All It's Worth | Gordon D. Fee & Douglas Stuart
5. Website: <https://denverseminary.edu/denver-journal>
6. Podcast/YouTube Channel: BibleThinker with Mike Winger

Apologetics

1. Christian Apologetics | Douglas Groothuis
2. Understanding The Times | Jeff Myers & David A. Noebel
3. Love Your God With All Your Mind | J.P. Moreland

4. Church History in Plain Language | Bruce Shelley
5. Can Science Explain Everything? | John Lennox
6. How Reason Can Lead to God: A Philosopher's Bridge to Faith | Joshua L. Rasmussen
7. Can We Trust the Gospels? | Peter J. Williams
8. Website: <https://www.theocca.org/>
9. Podcast: Undeceptions with John Dickson
10. Youtube Channel: Premier Unbelievable? with Justin Brierley
11. Website: <https://ratiochristi.org/>
12. Website: <https://www.summit.org/>
13. Website: <https://jude3project.org/>

Memoirs

1. Thin Places | Mary E. DeMuth
2. Seeking Allah, Finding Jesus | Nabeel Qureshi
3. Educated | Tara Westover
4. Stolen Innocence: My Story of Growing Up in a Polygamous Sect, Becoming a Teenage Bride, and Breaking Free of Warren Jeffs | Elissa Wall with Juli Pulitzer

Possible additions (Kevin, please ignore):

Healing Spiritual Abuse: How to Break Free from Bad Church Experiences | Ken Blue

Churches That Abuse | Ronald M. Enroth

Restoring the Shattered Self: A Christian Counselor's Guide to Complex Trauma | Heather Davediuk Gingrich

Need some for grief & loss

Consider Kindle list Naomi is working through